The Aquarian Academy

Through the guidance of Yogi Bhajan, The Aquarian Teacher Training Program has been divided into three stages:

Level One: Foundation--Instructor
Level Two: Transformation--Practitioner
Level Three: Realization--Teacher

Transformation *is the second stage of training and personal development in The Aquarian Teacher Training Program. It consists of five separate modules that can be taken in any order. They include Conscious Communication, Mind and Meditation, Authentic Relationships, LifeCycles and Life-Styles, and Vitality and Stress. Each module has a minimum of* ***50 classroom hours and 12 hours of independent study after the weekends.*** *KRI requires participants to attend all classes, pass the exam, and complete the home study assignments, which take place over a 90 day period. In order to certify, participants must complete all requirements within a year of the last classroom day.*

This second level of training is about ***deep transformation and developing your core capacities, your character, caliber and consciousness****. Because of the profound nature of the transformation that these courses provoke and the competencies that are required in order to fully participate in Level Two Trainings,* ***KRI requires participants to be KRI Level One Certified Instructors*** *and to take a minimum of two years to complete the entire cycle.*

Text or call for further info: 561-251-5783

To Register: www.MyYogaSource.com

Aquarian Teacher Training Program

Transform your inner & outer world with

KRI Level 2
Teacher Training Module

As taught by Yogi Bhajan

Conscious Communication

March 8, 9 & 10, 2019
March 29, 30 & 31, 2019

With Trainers **Deva Kaur & Kirn Kaur**
Yoga Source Plantation, Florida

9 AM -6:30 PM Friday & Saturday
10:30 AM –7:00 PM Sunday

KUNDALINI YOGA LEVEL TWO TEACHER TRAINING KRI

This Level 2 Transformational Course will give you the experience of new ways of perceiving your greatest power: the words that you speak, and even the words that you choose to think over time. Every day your words are either building bridges ...or burning bridges.

Your words are like your thunderbolts; they are your greatest power. Do you use them consciously?

"Harmonious, conscious communication is one foundation in every individual's life which will bring success. In every walk of life, in every aspect of life, it can:

- **Give you success out of failure**
- **Give you more empowered impact**
- **Expand your personality**
- **Help people trust you**
- **Gives you the power to touch the very depth of another person.**
- **Helps you feel comfortable with the world we live in**

Conscious Communication has nothing to do with what you feel, what you know and what you want. It is an art in itself."

"At what level do we communicate? Did you ever learn that your projection is your relationship? You are the power? But life is often sour. There is no happiness, because your communication has no purpose of Self. You communicate to impress someone. That's why you suffer now. You don't communicate consciously" ***Yogi Bhajan***

Heighten your existence. Learn to connect on deep, expanded levels. Allow intrinsic wisdom to become your guiding force.
Enter a realm of utter & thorough reality—pure, profound and complete. And in this everlasting newness of relating, communicating to find constant and consistent happiness.
This is the path of the yogi—enjoying and being.

Join us to explore the exalting, yet practical teachings of Yogi Bhajan!

Deva Kaur *met Yogi Bhajan in 1972, started her life's journey of studying with Yogi Bhajan and teaching this ancient, sacred science.*
Her main focus is creating teachers and improved trainings to help light the way thru the pressure & changes on this planet. Deva Kaur serves as a member of the International KRI Teacher Training Executive Council, and is co-director of Yoga Source in Coral Springs & Plantation. She may be reached at www.MyYogaSource.com

Kirn Kaur *moved to America from the Netherlands in 1975, met Yogi Bhajan and discovered Kundalini Yoga. Her current work focuses on the integration of yogic life skills, as well as alternative healing approaches. She offers Yogic Energy Healing with practical daily habits as taught by Yogi Bhajan for awakening your potential & well being. Kirn serves as the director for Yoga Santa Fe and travels to share these teachings. She may be reached at www.PurestPotential.com.*

COST:
Pre-Registration Deadline is **Feb 19**, 2019 for Early Bird rate of $845
Full Registration Price $895 begins February 20, 2019
Payment plans available
First time participants in Level 2 receive additional $50 discount

TO REGISTER:
At **www.MyYogaSource.com,** go to Teacher Training/Level 2 for more information and to register on-line. Please register as early as possible to reserve your space & materials.

LOCATION: Yoga Source at 6601 NW 14 St, Suite 11, Plantation, FL 33313

For further info, please email, text or call:
GuruSangeetK@gmail.com , 561-251-5783
To Register: www.MyYogaSource.com